



Create a profile on the Clean Water Hub

- Visit www.CleanWaterHub.org to create your volunteer profile.

Select monitoring site(s)

- Use the [Clean Water Hub](#) to explore what streams near you are already being monitored
- Email sos@iwla.org if you would like to adopt a dormant site already on the Hub
- Be sure to choose a site where you have safe access to the stream and permission to be on the property

Gather Supplies

- If you are monitoring as part of an organization, check with your program coordinator to see if they already have supplies for you.
- Borrow supplies from an [Equipment Loan Station](#) near you.
- Review the equipment list in the [SOS Volunteer Manual](#) to determine what you need.

Monitor!

- For Biological sampling, you should monitor your sites twice a year: in the spring and fall
- Display the [SOS Monitoring Car Sign](#) when parking near your stream site
- Do not monitor during inclement weather or high water conditions. Wait 1 week after significant rainfall to allow the stream to return to normal conditions

Submit your data

- Promptly submit your data after each monitoring event
- All data are submitted to the [Clean Water Hub](#) to be quality assured by SOS staff
- After submitting data, retain a copy of your datasheets for 5 years (copy may be digital)

Next steps

- Add chemical monitoring to your routine for a more complete picture of stream health
- Organize a clean-up event for your stream or watershed
- Share your findings and [advocate for clean water](#) in your community
- Become a certified SOS Trainer and certify new monitors!

Stay Active

- To maintain an active certification, you must monitor at least every other year.